

Kaalmadda Qoysaska Shaqaysta

Barnaamijkani waxuu kuu suuragalinaya helitaanka adeegyo kale oo waxtar leh. **Warar dheeraad ah kala soo xiriir, (206) 684-0355.**

- ◆ **Xanaanada Caruurta:** Waxay qoyska ku kaalmaysaa bixinta lacagta xanaanada caruur ta ee ka yar 13.
- ◆ **Daboolka Caafimaadka:** Qofka ama qoyska ayey ka caawisa helitaanka daryeel lacag la'aan ah ama lacag yar.
- ◆ **Kaadhka Raashinka:** Waxay kaa caawinaysaa helitaanka raashin wanaagsan.
- ◆ **Cashuurta lasoo Celiyo:** Canshuurta ayaa kaa yaraan karta ama lacagbaa laguu soo celin. **Lasoo hadala lamabrkan lacag la'aanta ah 1-800-755-5317.**

Mayor's Office for Senior Citizens

The Mayor's Office for Senior Citizens (Xafiiska Duqa Magaalada ee Dadka Da'da ahi) tayada nolosha ee dadka da'da ah ayuu hore u mariyaa isagoo ka kaalmaynaya bixitaanka biilsha sida korontada, shaqada, iyo helitaanka meelo ay tabaruc ugu shaqo tagaan. Wuxa kale oo qoyska ama dadka waayeelka ah u tilmaami karaa adeegyada iyo hantida kale ee bulshada oo ka caawin karta iskufilaansho, dad la dhaqanka, iyo sidii ay nolol caafimaad qabta u heli lahaayeen. **Waxii dheeraad ah kalsoo hadal (206) 684-0500.**

Mayor's Office for Senior Citizens

**618 - 2nd Avenue, Room 250
(2nd & Cherry)
Seattle, WA 98104**

**Isniin— Jimce
8:00 a.m. — 5:00 p.m.**

**TEL (206) 684-0500
FAX (206) 684-0494
TTY/TTD (206) 233-2778**

**Web Address:
[www.seattle.gov/
humanservices/mosc/](http://www.seattle.gov/humanservices/mosc/)**

The Mayor's Office for Senior Citizens (Xafiiska Duqa magaalada ee Dadka Da'da ah) waxaa maamula Waaxda Adeega Bulshada waxaanu waafaqsan yahay dhamaan xeerarka loo dejiyey ee dawladda dhexe, gobolka, iyo kuwa dawladda hoose ee mamnuucaya takooridda.

Qalabka lagu kaalmeeyo dadaka talax-gabay waa lasiin dadkaas markay cod-sadaan.

*Patricia McInturff, Director
Human Services Department*

*Irene Stewart, Director
Mayor's Office for Senior Citizens*

Barnaamijyada

Kaalmada

Tamarta & Biilasha

Guryaha



**City of Seattle
Human Services Department
Mayor's Office for Senior Citizens**

Gregory J. Nickels, Mayor

Barnaamijyada Kaalmada Biilasha Guryaha

Qqoysaka u qalma ee dagan guryaha ay Seattle City Light iyo Seattle Public utilities u adeegaan ayey ka kaalmaysaa bixinta korontada iyo biilasha kale ee guriga.

Kaabidda Bixinta Biilasha

Biilasha guryahu kor ayey u socdaan dadka waa kudhib inay had iyo jeer is kafeeyaan. Waxaa jira barnaamijyo kaa caawin kara bixinta biilasha guriga ee kugu baaqday. Wawaanaa jira oo la eegaayaa dakhliga qoysaka. **Waxaad xaq u heli kartaa hal barnaamij ama in kabadan.**

Barnaamijka Kaalamda Tamarta (EAP)

EAP waa barnaamij kharashkiisa ay bixiso dawladda dhexe oo dadka danyarta ah ka caawiya kharashka kaga baxa kulaylinta guriga sida korontada, gaasta, saliidda, ama xaabada. Barnaamijakni waxuu jiraa jiilaalka, dayrta, iyo guga, inta aan la dhamaysan. Dadka dalbanya waa in dakhligoodu noqdaa mid waafaqsan ka barnaamijkan.

La xiriir Central Area Motivation Program (CAMP) **(206) 328-2356** si aad u ogato cidda barnaamijkan bixisa ee kuugu dhaw.

Barnaamijka ELIA

Seattle City Light waxay siisaa dadka u qalma ee korontada laga goyn rabo Emergency Low Income Assistance (ELIA) (Kaalmada Degdegga Danyarta). ELIA waxa la helaa marka barnaamijka EAP ee dawladda dhexe bixiso la dhamysto. **Waxii dheeraad ah lasoo xiriir (206) 684-3688.**

Badh ka Daynta Biilasha Guriga

Barnaamijkan biilasha guriga ayaa badh lagaga dhimaa qoysaska danyarta ah, dadka duqoobay (65+), iyo kuwa talaxgabay ee dakhligoodu yaryahay. Cidii u qalanta biilkooda Seattle City Light ayaa laga daayaa 50%. Kuwa degan magaalada Seattle waxa kale oo laga yarayn karaa biilsha Seattle Public Utilities (Bulaacadaha, foosaska, qashinka).

Dadka soo codsanayaa waa inay saddexdan ari mood fuliyaan:

- ◆ Dakhligoodu waa inuu waafaqsanaadaa kan loo qoondooyey barnaamijkan.
- ◆ Waa inaan qofku ku noolayn guryaha ijaarkooda dawladda dhexe kabto (Section 8, Seattle Housing Authority, King County Housing Authority, HUD, Shelter+Care, iwm.), Wawaan ahayn guryaha Bond ee SHA.
- ◆ Biilka degan halka ay u adeegto Seattle City Light waa inuu biilku magaciisa ku qornaadaa.

Waxii dheeraad kalsoo xiriir (206) 684-0268.

Mashruuca Wadaagga

Mashruuca Wadaagga (Project Share) Waxay dadka deggan meelaha ay u adeegto Seattle City Light ee korontada laga goyan rabo una qalma ka caawisaa talona ka siisaa bixinta biilasha korontada. Barnaamijkan tabaruca bulshada ayaa suurtagalliya.

Kaalmada aad ka hesho Mashruuca Wadaagga waxay ku xirantayah xaaladda jirta.

- ◆ Dakhliga qoysku waa inuu waafaqsanaadaa kan barnaamijka.
- ◆ Biilka degan halka ay u adeegto Seattle City Light waa inuu biilku magaciisa ku qornaadaa.
- ◆ Waa in ay soo gudbisaa Seattle City Light uuna raaca sida ay ugu qoondaysay inuu biilka u bixiyo.

Waxii dheeraad ah kalsoo xiriir (206) 684-0268.

Dugsiyaynta Guryaha

Xafiiska Magaalada Seattle ee Guryahu waxa u leeyahay barnaamij lacag la'an ah oo dugsi (dhaxanta ka daboolaya) uga dhigi guryaha ay galaan dada dakhligoodu yaryahay. Waxa kale oo jira dayn dulsaarkeedu yaryahay oo lasiyo dadka iyagu guryaha iska leh si ay guryaha iskaga hagaajiyaan. **Waxii dheeraad kalsoo xiriir (206) 684-0244.**